



THE Healthy Child INITIATIVE

An initiative of the Alameda County Healthy Homes Department

Prenatal Lead Risk Questionnaire For those who are pregnant or planning a pregnancy

	Yes	No	Don't Know
1. Have you ever lived in a home built before 1978 that has been remodeled, painted, or had deteriorated paint? When: _____			
2. Have you ever been told you had lead in your blood, even as a child?			
3. Have you or others in your household ever had a job or hobby that uses lead? See list below. Check all that apply.			
4. Have you ever used imported pottery, dishes or leaded crystal glass for cooking, serving, or storing food?			
5. Have you ever eaten chilies, spices, snacks, or candies from another country (for example Mexico, India, China).			
6. Have you ever lived or traveled in another country? Where: _____ How long: _____			
7. Some pregnant women have an urge to eat things that are not food. Have you ever eaten dirt, clay, pottery, or paint chips?			
8. Have you ever used traditional medicines, remedies or cosmetics? See list below. Check all that apply.			

If you answered **YES** to any of these questions, and you are pregnant or planning to become pregnant, ask your health care provider for a blood test to see if you have lead in your blood.

ITEMS THAT MAY CONTAIN LEAD:

Jobs or Hobbies

- Home remodeling or repairs
- Painter
- Bridge or tunnel worker
- Construction or demolition
- Pottery making
- Battery or radiator repair
- Stained glass making
- Metal scrap or recycling work
- Fishing (lead weights)
- Building or repairing ships/boats

Folk/Herbal/Homemade Remedies Or Cosmetics

- Greta (bright yellow powder for stomach ache)
- Azarcon (bright orange powder for stomach ache)
- Sindoore (bright red powder used for bindi dot)
- Surma, Kohl, Kajal, (black powder eye makeup)
- Paylooh (orange-red powder for fever)
- Herbs/teas/other products to help get pregnant

Get The Lead Out Coalition of the Bay Area Adapted from prenatal lead risk questionnaires from other State Lead Programs www.getleadout.org

