**BLOOD LEAD LEVELS**

*What Do They Mean?*

The blood lead test gives an idea of how much lead your child has been recently exposed to in the environment. Children with lead in their blood may not look or act sick, but learning and behavior problems may show up years later when they go to school.

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<th>Blood Lead Test Result in micrograms per deciliter (mcg/dL)</th>
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| 0-4                                                         | No amount of lead in the body is normal or safe, but many children in California have a blood lead level in this range | Retest if your child’s risk of lead exposure changes. For example: If you move to an older home with chipped or peeling paint | □ Look for lead hazards around your home  
□ Check our website for information on finding and safely fixing lead hazards in your home and to learn about other sources of lead [www.aclppp.org](http://www.aclppp.org) |
| 5-9                                                         | Evidence of Exposure: Your child has been exposed to some amount of lead in their environment | 6 months (Call your doctor) | □ Wash hands often, eat foods with lots of iron and calcium, use a wet sponge or mop to clean floors and window sills |
| 10-19                                                       | Level of Concern: Your child has been exposed to moderate amounts of lead in their environment | 3 months (Call your doctor) | □ All the above, and…  
□ The Lead Program will provide information and offer a home visit to help you look for lead hazards around your home |
| 20-44                                                       | Lead Poisoned: Your child has been exposed to large amounts of lead in their environment | 2-3 months (Call your doctor) | □ All the above, and…  
□ A Public Health Nurse will make a home visit to provide follow-up care  
□ Lead hazards *must* be found and reduced. The Lead Program will test your home for lead hazards |
| 45-69                                                       | Lead Poisoned: Your child has been exposed to very large amounts of lead in their environment | As Soon As Possible (Call your doctor) | □ All the above, and…  
□ Your child *may* require specialized medical treatment in the hospital. Call your doctor ASAP for a confirming blood test and lead poisoning checkup |
| Above 70                                                    | Medical Emergency: Your child has been exposed to dangerously high amounts of lead in their environment | Seek IMMEDIATE medical attention | □ All the above, and…  
□ Your child requires specialized treatment in the hospital NOW! |

For more information, call the Alameda County Lead Poisoning Prevention Program 510-567-8280 or visit [www.aclppp.org](http://www.aclppp.org).

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